



October 2021

MESSENGER

2021 CPNO Boo-o-tiful



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"BEFORE" OF HOME FEATURED ABOVE



BEFORE



AFTER



FROM THE PRESIDENT

By Jerry Tillery, President@CandlerPark.org

Welcome to the October issue of the Candler Park Messenger. The year is beginning to wind down, the days are getting shorter and the nights are getting longer. As the weather starts to cool off I hope everyone still takes advantage of our wonderful parks and green spaces before it gets too cold.

The Farmers' Almanac for 2021 predicts a colder and wetter for Georgia. They also predict a higher-than-normal amount of precipitation and potentially snow for Atlanta. This could make for quite a bit of fun outdoor activities this year.

This will be the second year for the Candler Park Halloween decorating contest. This is one of our newer fundraising opportunities and registration is only \$15. It is a great opportunity to show your neighbors your creative side. You can still register to take part in the contest until October 22nd. <https://candler-park-neighborhood-organization.myshopify.com/>

Returning in this issue is the Candler Park Crime

FROM THE PRESIDENT

Report. It used to be a staple of the Messenger, but in the past, it became nearly impossible to get the information. Thanks to our Safety board member (with assistance from other board members) we now have a way to get the information and it will be back in each issue.

As many of you are probably aware there have been quite a few discussions on the proposed MRMU rezoning legislation. The CPNO Zoning committee has been working diligently to provide as much information as possible on this topic. At the August and September membership meetings we have had Councilman Amir Farokhi and Will Tucker from the Atlanta Dept. of City Planning. You can find links to all the information on the CPNO website. We are planning on holding a vote on whether the membership supports this proposed legislation at the October Membership meeting.

The mission of the **Candler Park Neighborhood Organization** is to promote the common good and general welfare in the neighborhood known as Candler Park in the city of Atlanta.

BOARD of DIRECTORS

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EXTERNAL AFFAIRS OFFICER externalaffairs@candlerpark.org	Amy Stout

Find a complete list of CPNO committee chairs, representatives and other contacts at www.candlerpark.org.

MEETINGS

CPNO Members Meetings are held every third Monday at First Existentialist Congregation, 470 Candler Park Drive.

Committee meetings take place at The Neighborhood Church, 1561 McLendon Ave., unless otherwise announced (enter from the street level door and ring the bell if you're late).

All are welcome. Only registered members are eligible to vote at monthly meetings. Membership applications must be received by Membership Officer by the first day of the month of meeting.

Find specific meeting information on page 6 and a complete list of CPNO meetings at www.candlerpark.org.

MEMBERSHIP

CPNO membership is free to Candler Park residents, property owners and businesses. Membership must be renewed annually.

Sign up at www.candlerpark.org or mail name, address, and email to

CPNO Membership
PO Box 5418, Atlanta, GA 31107

DATES TO REMEMBER

OCTOBER

- 1-31** CPNO 2nd Annual Halloween Yard Contest (register by 10/22)
- 2-3** CPNO FALL FESTIVAL
- 6** CPNO Zoning meeting, 7 pm, Location TBD
L5PCAC HalloWINE event (first 60 get treats from Chronic Cellars)
- 7-11** APS Fall Break
- 11** CPNO Board meeting, 7 pm, The Neighborhood Church, 2nd floor
- 15** Deadline to submit content for The Messenger!
L5PCAC Monster Ball @ Wrecking Bar with Jazz band Prof. Morte & the Beast Fiends
- 16** L5PCAC Monster Hunt
- 17** 2021 World Peace Pyramid building event @ the First Existentialist on Candler Park
L5PCAC Tito's [Costume] Drink Parade
- 18** CPNO Members Meeting, 7 pm, via ZOOM

NOVEMBER

- 2** CPNO Zoning meeting, 7 pm, Location TBD
Election Day Break
- 8** CPNO Board meeting, 7 pm, Location TBD
- 14** 2021 World Peace Pyramid building event @ the First Existentialist on Candler Park
- 15** Deadline to submit content for December Messenger!
CPNO Members Meeting, 7 pm, Location TBD
- 20-28** APS Thanksgiving Break

DECEMBER

- 2** CPNO Zoning meeting, 7 pm, The Neighborhood Church, 2nd floor
- 12** 2021 World Peace Pyramid building event @ the First Existentialist on Candler Park
- 13** CPNO Board meeting, 7 pm, The Neighborhood Church, 2nd floor
- 15** Deadline to submit content for January Messenger!
- 20** CPNO Members Meeting, 7 pm, 1st Existentialist Church



APD INVITES YOU TO JOIN THE

CLEAN CAR CAMPAIGN

Please assist our community,
as we attempt to manage our crime!

We are having a tremendous increase in thefts from automobiles. This is primarily a result of motorists leaving valuables inside of their vehicles. The only "fool-proof" initiative to combat such thefts is for motorists to ensure they leave zero valuables inside of their vehicles!

**DIAL 911 TO REPORT
SUSPICIOUS ACTIVITY**



Fall Fest Sponsors





Welcome and Thanks!

By Roger Bakeman, membership@candlerpark.org

CPNO welcomes new member:

- Peyton Todd (CP resident off and on since 1953)
- Rachel Cloyd and Alex Knight
- Alexandra Kleinberg
- Ai-Lien Vuong
- Paul Craythorne

...and six others who wished to remain anonymous

CPNO thanks members for their donation:

- David & Nicole Griffin
 - Scott Bryant & Hallie Meushaw
- ...and one other who wished to remain anonymous



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THE MESSENGER

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Lynn Howard

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The Messenger is the monthly newsletter of the Candler Park Neighborhood Organization. Articles reflect the opinions of authors, and not necessarily those of CPNO, the CPNO Board of Directors, the Messenger or the editor.

Articles must be signed and submitted via email to editor@candlerpark.org by the 18th of the month prior to publication.

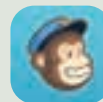
If you have a news tip or story idea, please email relevant information including contacts to editor@candlerpark.org or call the editor.

If you live in CP or own a business in CP, and aren't receiving the Messenger by mail, be sure to notify us! Send your name and address to editor@candlerpark.org. Place the words "Messenger Delivery" in the subject line.

CP ONLINE

For the most up-to-date information on Candler Park events and news, check us out on the Web at candlerpark.org.

JOIN CPNO TO GET EMAIL BLASTS



To receive informative email blasts, sign up online to become a CPNO member. We don't spam!

MESSAGES & CRIME ON NEXTDOOR



Join the Candler Park group at candlerpark.nextdoor.com to keep up on crime reports and other messages.

LIKE US ON FACEBOOK



You'll get the latest news and will be able to interact with 500 of your neighbors at facebook.com/CandlerPark.

FOLLOW US ON TWITTER



Our handle is your handle: twitter.com/CandlerParkATL

ZESTOS

<http://zestoatlanta.com/about-zesto>



Zestos started in 1945 as a subsidiary of Taylor Freezer Corporation, a Rockton, Illinois Company that manufactured soft serve ice cream machines. The machines were called “Zest-O-Mat” and thus the name Zesto. Originally meant to compete with Dairy Queen, Zesto was conceived as an ice cream only store with no other food items. By late 1949, Zestos were operating in 46 states.

In 1948, in Columbia, South Carolina, John Liyaditis received a franchise for his own Zesto, and was also employed by Taylor to oversee the opening of new stores in the southeastern U.S. In 1949 John opened his first store in Atlanta on Peachtree Road across the street from Brook-wood Station.

Beginning in the early 1950’s, Taylor Freezer Co. was becoming frustrated with the retail business as stores were closing and franchisees were unhappy. By 1955 Taylor had completely abandoned the concept and left the remaining franchisees to fend for themselves. In an attempt to boost sagging sales, John decided to add hamburgers to the Piedmont Road location. Also, during the winter months, he began selling Christmas trees in the parking lots of the Zestos. This business eventually became known as Big John’s Christmas Trees. By 1955 there were five Zestos in operation:

- Peachtree Road
- Ponce De Leon Avenue
- Piedmont Road
- Cheshire Bridge Road
- Roswell Road

Then in 1959 John opened a store in east Atlanta on Confederate Avenue (now United Avenue). By this time, all Zestos were serving food and had expanded the menu to include hot dogs, fried chicken and French fries. Also added in 1959 was a double decker hamburger called “Fat Boy”; as well as “Foot Long” hot dogs. Unfortunately, in 1961, Big Boy Restaurants (Shoney’s) had learned of and did not appreciate the likeness that Fat Boy had to their own Big Boy hamburger, and threatened to sue Zesto. John decided to hold a contest to rename the Fat Boy. A student from Georgia Tech came up with the name “Chubby Decker” which was named with a then popular rock and roll singer, Chubby Checker, in mind. The name stuck and it is still the most popular food item at Zesto.

Most of us in Candler Park have enjoyed an ice cream cone or a shake at Zestos (or fries and a foot long) over the many years Zestos served the

neighborhood. It is unclear what the future holds for this key corner and gateway location since the enormous red oak nearly crushed the building this spring. The L5P CID has supported the owners through their recent driveway negotiations with GDOT which resulted in a good compromise tailored to gently mitigate their archaic “gas station” endless curb without taking away their unique parking configuration. Hope to have an update in the near future about the Candler Park store.

Still family owned and operated, [you can continue to experience the Atlanta tradition that can only be had at Zesto at the closest Candler Park location down Moreland near United Avenue. Whether you are visiting for the first time or are coming back for your favorite “foot long” chili dog and homemade onion rings or trying a Nut Brown Crown for the first time. The Zesto family welcomes you and hope you join the ranks of our life long customers. ~ Article adopted from Zestos public history online with contributed editorial revisions by Walter Brown wbrown@gsprop.com and Lynn Howard (editor@candlerpark.org)

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Neighborhood Crime Reports

By Kerry Dobson (safety@candlerpark.org) and Roger Bakeman (membership@candlerpark.org)

A long-time and popular feature in the Messenger was the neighborhood crime reports. They were discontinued in May 2017 when the Atlanta Police Department (APD) stopped providing us the information. Now they are back and available on-line. Here's the link: <https://www.atlantapd.org/community/apd-zones/zone-6-542/-folder-48>

The information for Candler Park for July and August, extracted from this file, is below. Look for similar reports in future issues of the Messenger.

It's worth noting that most crimes are larceny from vehicles, a reminder to maintain a clean car—leave nothing visible—and that neighbors should tell guests and visitors to do the same.

JULY CRIME REPORT, CANDLER PARK

Date	Day	Time	Location	Description
7/2/2021	Friday	15:10	1200 block of Dekalb Ave	larceny-from vehicle
7/2/2021	Friday	18:00	500 block of Candler Park Dr	larceny-from vehicle
7/2/2021	Friday	19:22	1200 block of Dekalb Ave	larceny-from vehicle
7/4/2021	Sunday	17:00	200 block of Elmira Pl	larceny-from vehicle
7/5/2021	Monday	10:00	1600 block of Dekalb Ave	auto theft
7/6/2021	Tuesday	21:37	300 block of Moreland Ave	larceny-from vehicle
7/8/2021	Thursday	10:00	400 block of Candler St	larceny-from vehicle
7/9/2021	Friday	6:20	400 block of Oakdale Rd	burglary
7/9/2021	Friday	12:00	1400 block of McLendon Ave	larceny-from vehicle
7/15/2021	Thursday	18:24	400 block of Oakdale Rd	larceny-from vehicle
7/19/2021	Monday	19:00	300 block of Moreland Ave	larceny-from vehicle
7/20/2021	Tuesday	19:00	1500 block of Dekalb Ave	larceny-from vehicle
7/21/2021	Wednesday	5:00	300 block of Candler Park Dr	larceny-non vehicle
7/23/2021	Friday	14:15	1200 block of McLendon Ave	larceny-from vehicle
7/27/2021	Tuesday	18:00	1200 block of McLendon Ave	auto theft
7/27/2021	Tuesday	23:00	1500 block of McLendon Ave	auto theft
7/31/2021	Saturday	18:15	300 block of Moreland Ave	larceny-from vehicle

AUGUST CRIME REPORT, CANDLER PARK

Date	Day	Time	Location	Description
8/4/2021	Wednesday	20:00	300 block of Moreland Ave	larceny-from vehicle
8/9/2021	Monday	20:10	300 block of Moreland Ave	larceny-from vehicle
8/11/2021	Wednesday	13:20	400 block of Moreland Ave	larceny-from vehicle
8/14/2021	Saturday	5:30	400 block of Oakdale Rd	homicide
8/16/2021	Monday	21:24	300 block of Moreland Ave	larceny-from vehicle
8/23/2021	Monday	21:17	300 block of Moreland Ave	larceny-from vehicle
8/24/2021	Tuesday	23:14	200 block of Josephine St	auto theft
8/28/2021	Saturday	20:30	300 block of Moreland Ave	larceny-from vehicle



Little Five Points Center for Arts & Community ALL THINGS HALLOWEEN IN L5P

HALLOWEEN PHOTO WALK

21 Halloween photos are enlarged and placed on L5P store windows, done in conjunction with Atlanta Celebrates Photography Festival

- Oct. 6, HalloWINE Photo Crawl from 6 to 9pm -first 60 people get treats from Chronic Cellars, the Official Wine of L5P.
- Oct. 2 - Nov 6 Self-guided photo tour

MONSTER BALL ON OCT 15

- at Wrecking Bar with Jazz band, Professor Morte and Beast Fiends as hosts, auction/raffle, meet monster artists.

HALLOWEEN FESTIVAL, OCT. 16-17

- Bands, pop up performances, monsters!!
- Professor Morte's Haunted Market at L5PCAC

OCT 16 MONSTER HUNT

- local artists have designed monsters that are placed all over L5P. Find all monsters and receive a prize!
- Oct 17, Tito's Drink Parade.

GHOST TOURS FOR MONTH OF OCTOBER

- We are partnering with L5P Center for Arts and Community
- Tours will be 7 and 9pm on Friday and Saturday nights, some Thursdays.
- BUY TICKETS at l5phalloween.com

Our Covid Protocols Will Take Your Breath Away...Literally

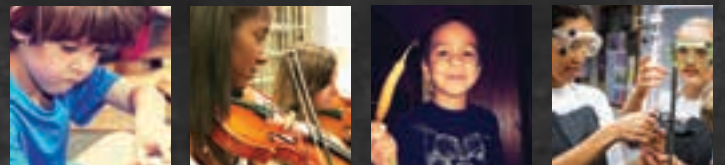


We've added numerous safeguards, from simple common sense steps, to high tech state-of-the-art technologies. Several high volume air purifier units filter and kill nearly 100% of pathogens (including this one clearing breath and aerosols from the treatment zone); full room UV-C light; virucidal and bactericidal cold fogging, and more...

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Adapt or Perish

I am a huge fan of TV. Always have been. Yet over the years, I have resisted subscribing to cable and have relied on the internet provided by my phone and certain electronic devices to access the internet from home.

A few weeks ago I was on one of my favorite errands. A trip to Costco. Pure delight. Reviewing the book selection, grabbing one of the best apple pies in the Universe, scanning the clothing items, particularly at the change of seasons. This time I found great pajama bottoms and some lined, short, winter boots perfect for slacks or jeans.

But they are marketing geniuses. They know exactly how to organize the store to "get you". Passing through the electronics area, I was approached by a pleasant young man representing an internet company. After a brief conversation, I was convinced that the combination of winter approaching and a surge in Covid obliterating the gatherings we had hoped were returning, I needed to enter the 21st century. It only took me 20 years. Timing is everything.

Of course, this led to a return trip to Costco for a "smart" TV. What's the use of technology if you don't have the tools to access it? So a week ago a couple of nice young men came to my house and hooked me up to the for real internet.

My phone, my tablet and, naturally, my TV. I was not prepared for the shift, psychologically, in the routine of my viewing. I did not realize that the method I had used for about 60 years for mindless entertainment was about to be disrupted.

Remember the time when we had a very generous choice of 3 different channels: ABC, NBC, CBS? And around midnight they all went off the air and showed what was called a test pattern through the night. TV Guide was called into existence since we had to know when our favorite shows were going to be on so we didn't miss them.

I have no idea how long it was until cable TV came along. I remember thinking that it was absurd to believe that people would pay to watch something that was available free. I never claimed to be a visionary. So here we are, decades and hundreds of channels later.

Over the years, I have developed a mental lists of favorite shows. National news, CBS Sunday Morning, several hour long dramas. I knew where and when to find them. And when I was uncertain, there was a station listing the available channels and the shows for the next few hours.



Mulberry Fields Gone Wylde Party Is Happening This Month!

Tucked away and accessed only by an alleyway off of Iverson Street exists the magical Mulberry Fields Garden, a garden that has been enchanting Candler Park residents since 1999.

Everyone is invited to join us on Saturday, October 23, 2021 from 2-8 p.m for our annual fundraiser, Mulberry Fields Gone Wylde.

MUSIC AND ENTERTAINMENT

Live music begins at 4 p.m. with Webster, an Atlanta-based band that loves a good jam...from Dead to Neil to Dylan to Phish to the Rolling Stones. There will also be fun interactive activities for the children near the goats from 2-6 p.m.

TICKETS FOR THE EVENT

Tickets are \$10 for Wylde Center members and \$20 for non-Wylde Center members.

Children 15 and younger are free.

FOOD AND DRINK

Attendees may bring their own beverages and food to the event. Food, drinks, and desserts including s'more packets will be available for purchase during the event.

JOIN THE HOST COMMITTEE

We are inviting members of the community and fans of Mulberry Fields to join the host committee. In 2019, the host committee played an important part in asking new people to come to the party by spreading the word and direct invites. They also raised over \$9000! These funds were used to beautify, improve and to keep the garden open to the public every day of the year. We are excited to offer this opportunity again this year. Levels range from \$125 to \$1000 to join the host committee. Email Ferrin Tinter at ferrin@wyldecenter.org for more information.

COVID GUIDELINES

We want to make sure the event is safe for everyone to attend. Following similar venue guidelines, we are currently requiring proof of vaccination or a negative covid test result at least 72 hours before the event. We will be checking at the door for this requirement. Masks are optional. These guidelines are subject to change based on recommendation from the City of Atlanta and the CDC. Thank you for your patience and understanding.

All proceeds from this event go towards the management and maintenance of our neighborhood garden. The garden is located at 1301 Iverson Street, Atlanta 30307. For more information about the event, to purchase tickets or to become a Wylde Center member, please visit wyldecenter.org.

Now I have been thrown into a world with more channels and show options than I could think to count. Some are on Hulu, some through Peacock, and some on apps that I have not heard of much less accessed. Where is CBS? NBC? They are not there in the configuration that I have lived with for decades. So I have had to put my anxiety on hold and am exploring what is at my fingertips if only I can ascertain which buttons to push at what time. It is as confusing as the ketchup section at Kroger with its dozens of brands, sizes, bottle shapes, formulas and flavors. Fortunately, my internet fellows are available for tips and addressing my questions.

It has been a little while since I have been overwhelmed to this degree. There have certainly been some changes and adjustments the past few years. Meetings, classes and even church services have shifted from in-person experiences to Zoom gatherings. Restaurants have altered their dining table service to delivery or take out, then reopened and in many cases reverted to carry out. At times our experience of reality seems like sand under our feet. Shifting, sliding and unreliable. And just as we got used to changes, the vaccine became available, and we had elements of "normal" return. Until the Delta variant appeared and generated a frightening spike in Covid cases again.

What is a person to do? We can rant. We can resist. But in a word, what

makes the most sense is, we adapt. Few other viable options exist. I'm not saying that you need to use a hunk of chewing gum, some string and a roll of tape to overthrow a small country like MacGyver, the King of Adapting. What I am saying is to use the resources available to you to make things work.

Experts exist in this field. Coaches, ministers or therapists can provide tips. Friends may be able to provide a fresh perspective. At times medication may be desirable. Physicians are fielding unprecedented requests for anti-anxiety meds. Perhaps one of the greatest resources can be your community. Whether it is your church, your workplace, your family or your neighborhood, there are probably people who care about you and are happy to help with errands or provide company to stave off loneliness or the blues.

If you are in need of a new group in your own backyard, so to speak, reach out to Candler Park Forever. We have welcomed some new members during these trying times and there is always room for more. We have pulled back on in-person activities temporarily, but Zoom meetings are resuming and as soon as we get our boosters we'll enjoy porch gatherings and restaurant meals together again. To participate, reach out to cpforever@candlerpark.org. We help each other with errands and provide company. We are welcoming, friendly and fun. Try us.

Is Alcohol Taking a Toll on Your Hormones?

Maybe... (But You Can Do Something About It Today!)

If you've started turning to a glass of wine or a cocktail more often these days since the start of the COVID-19 pandemic, you're not alone. In fact, you're far from alone and it's probably no surprise.

Nearly a quarter of Americans report they were drinking more than ever as of February 2021 as a way to cope with the stress or the solitude of the previous year, and drinking heavily has long been a public health concern in the U.S. that affects all people, regardless of gender, sex, race, income level, or region.

But why is it considered a health problem? Anyone who enjoys the occasional beverage will tell you just that—they enjoy it! But the keyword here is “occasional.” When drinking becomes habitual rather than occasional, it can affect your endocrine system and that is cause for concern.

WHAT IS THE ENDOCRINE SYSTEM?

Your endocrine system produces your body's hormones. Hormones are essentially signals that your glands create with chemicals. These signals do many things, including the regulation of your growth, letting your body know when to begin puberty, metabolic processes, and controlling your moods.

Each of these hormones is sent from a specific gland and then distributed throughout your body where they can then work their magic on tissue in various places.

Your hormones control 4 functional areas of your body:

- Energy production, utilization and storage
- Reproduction
- Blood pressure and
- Bone mass maintenance

How we grow and develop as we age How does alcohol affect your endocrine system?

Hormones are very technical and precise, working on a delicate internal clock to be released at exactly the right time to the right tissues in your body. If you're drinking more than your body can handle, alcohol can throw off that internal clock. If drinking impairs the functions of your glands that release hormones, and the functions of the tissues those hormones target, it can result in medical problems.

DISRUPTED BLOOD SUGAR LEVELS

Your body's main energy source is sugar glucose,



which it gets from food, synthesis in the body, and from the breakdown of the glycogen stored in the liver. Insulin and glucagon are hormones, and they control your body's blood sugar levels. These 2 crucial hormones work in tandem to maintain your body's constant concentration of blood glucose. Think of it this way: insulin is in charge of lowering glucose, while glucagon is in charge of raising it. The 2 are always at work side by side.

Alcohol interferes with your body's ability to maintain its levels of glucose. Chronic heavy drinking can increase your glucose levels over time, or even lead to glucose intolerance in otherwise healthy people. Long-term chronic drinking could alter the effectiveness of diabetes medications, cause hypoglycemia and hyperglycemic episodes, or reduce your body's responsiveness to insulin.

INTERFERENCE WITH REPRODUCTIVE SYSTEMS

Testosterone and estrogen are 2 hormones you're probably familiar with because they're responsible for the reproductive system. Testosterone and estrogen are synthesized in the testes and ovaries, respectively. For people with testes, testosterone is responsible for sexual maturation and sperm development. In people with ovaries, estrogen is responsible for breast development, body hair distribution, menstrual cycle regulation, and help maintaining pregnancy.

Chronic drinking can interfere with all of these functions of the reproductive system. Drinking too much regularly can result in impaired sexual and

reproductive functions, reduced testosterone levels, altered sperm structure, cessation of menstruation, early menopause, or risk of spontaneous miscarriage.

INCREASED CORTISOL LEVELS

Research shows that a bout of heavy drinking could heighten your body's cortisol levels, not just when you're drinking but while withdrawing from the effects of drinking. Cortisol can spike your blood pressure in the short term, but when heightened in the long term it can impact body functions such as bone growth, digestion, reproduction, and wound repair.

We all know calcium is important for keeping our bones and teeth strong, but it also helps the cells of our body communicate with each other. Several hormones help regulate the way calcium is absorbed and distributed between our bones and the fluids in our body. Consuming alcohol can interfere with those hormones and that metabolism, which can lead to osteoporosis, a loss of bone mass, and an increased risk of bone fractures.

THERE IS GOOD NEWS THOUGH!

Experts say more studies need to be done, but current research shows that the brain can repair itself after quitting alcohol and the liver begins healing within just a few days. Your body is capable of healing to some degree. To get a full picture, you can consult an endocrinologist.

If alcohol isn't an addiction for you, but you think it's time to take a break—consider trying a booze-free month. Your endocrine system will thank you! ~ Gail@AlignHealthCoaching.com



October Update on 2021 World Peace Pyramid in Candler Park

By Bill Read, Candler Park Resident and First E Member, Banner in the photo by Andy Weiskoff

To celebrate the 40th anniversary of the establishment of World Peace Day on September 21, 1981 by the United Nations... a 2021 World Peace Pyramid is being assembled in the R. Lanier Clance Woodland Memorial Sanctuary at the First Existentialist Congregation of Atlanta on Candler Park Drive.

Assembly of the pyramid base of $40 \times 40 = 1,600$ balls occurred on September 21, 2021 after site orientation to ensure the base is secure and level. Next steps are to add appx. 7,000 additional balls to the pyramid each month in October, November, and December until the pyramid of 22,140 golf balls is finished. At that point the pyramid will be 5' 6" tall/wide and it will weigh 2,242 pounds.

Upon completion, the 2021 World Peace Pyramid will be a new Guinness World Record for number of balls of any kind used in a pyramid. The current pyramid record of 16,206 golf balls was set in 2014 by a school in Tyler, Texas... using new balls that were donated.

Thus It is noteworthy that all of the 22,140 golf balls in the 2021 World Peace Pyramid were actually played at Candler Park golf course over the years before being lost and then eventually being found. Hence a special thanks to the golfers and neighbors in Candler Park who have made the 2021 World Peace Pyramid possible.

If you'd like to observe or participate in the 2021 World Peace Pyramid process, then plan to come by First Existentialist Congregation on a Sunday afternoon on October 17, November 14, or December 12 between 1:00 and 3:00 PM. These dates and times are intended for Candler Park Neighbors as well as First E Members and Friends. Then just follow the Pyramid signs up into the Memorial Woodland.

And May There Be Peace on Earth...

New Tool Allows GA Audubon to Forecast High Bird Migration

Georgia Audubon has a new tool to help minimize bird collisions with buildings and to alert the public to dim the lights on nights of high bird migration. Thanks to a collaborative venture between Georgia Audubon and Dr. Kyle Horton at Colorado State University, it is now possible to predict nightly bird migration over the state. Georgia Audubon has begun issuing Lights Out Alerts on nights of elevated migration intensity. This work was funded through a generous grant from the Disney Conservation Fund.

Atlanta is a dangerous place for migrating birds, ranking as the 4th most dangerous city during fall migration and 9th in spring for light exposure to migratory birds, according to a 2019 study by the Cornell Lab of Ornithology. With an estimated 250 million birds passing over Georgia during spring and 675 million birds migrating over in the fall, it is vital to learn about migration over our state and make our cities safer.

The forecast map shows both the relative scale of migration intensity across the state as well as pinpointing specific areas of intense bird movement. The map has a three-level classification (low, medium, and high migration). Over 80% of all migratory species in Georgia are affected by light pollution.

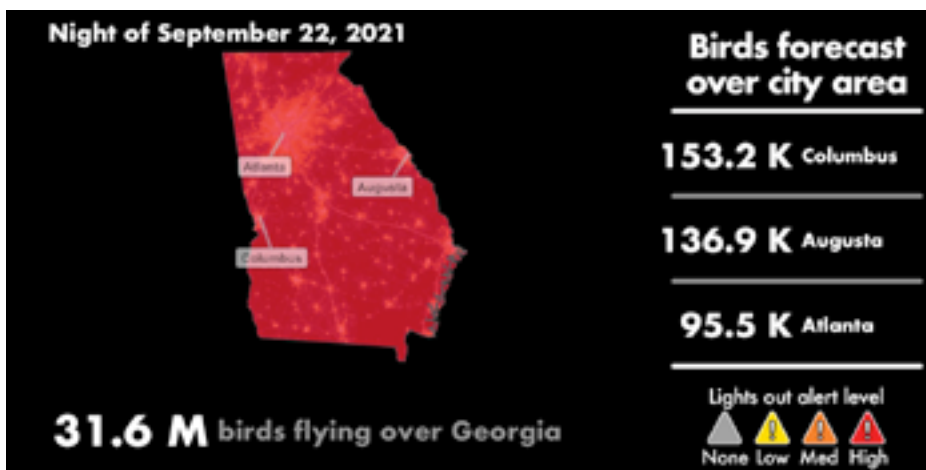
“We are very excited about this new forecasting ability to alert the public on nights when large numbers of birds will be traveling over the area” says Adam Betuel, Georgia Audubon’s director of conservation. “For many people, turning out the lights every night for weeks at a time is impractical, but reducing or eliminating outdoor lighting for a few nights a year is totally reasonable. Migration lasts many weeks, but during each migratory period, over 50% of all migration movement occurs on roughly 10% of the nights. The ability to forecast these nights a few days in advance and alert the public to turn out the lights can save many thousands of birds each migratory period.”

Each year, an estimated 365 million to 1 billion birds die in the U.S. after colliding with buildings. Most migrating birds pass through Georgia during the nighttime hours, when skies are generally calmer, predators are less active, and temperatures are cooler. Large, brightly lit cities wreak havoc on migratory birds as the ever-present glow of artificial light turns the normally safe nighttime sky into a perilous pathway.

Bright lights confuse and disorient resident and migrating birds as they pass over brightly lit cities causing birds to collide with structures or become trapped in beams of light where they circle until they are exhausted. Once on the ground, brightly lit building lobbies, reflective glass showing trees and shrubs, transparent facades, or even indoor plants near windows can lead to more collisions.

“We’re thrilled to be collaborating with Georgia Audubon. Light pollution is a national threat to migratory birds, but it’s clear that partnerships within communities are essential to make conservation action a reality,” says Kyle Horton, Ph.D. and assistant professor at Colorado State University.

In an effort to reduce the number of bird-building collisions, Georgia Audubon launched Lights Out Georgia in spring 2017. A voluntary program, Lights Out Georgia encourages business owners, building managers, and residents to turn off or reduce lighting from midnight to dawn during peak bird migration



periods. Participants pledge to reduce non-essential lighting during peak migration periods of March 15 to May 31 (spring) and August 15 to November 15 (fall). The pledge is available on the Georgia Audubon website at <https://www.georgiaaudubon.org/lights-out-georgia.html>.

During its 25th anniversary year, the Disney Conservation Fund (DCF) is proud to continue providing critical support to community-led conservation efforts globally. The fund has been supporting local efforts around the world aimed at saving wildlife, inspiring action and protecting the planet with more than \$100 million distributed to nonprofit organizations since 1995.

DCF grant recipients are selected based on their efforts to implement comprehensive community wildlife conservation programs, stabilize and increase populations of at-risk animals and engage communities in conservation in critical ecosystems around the world.

For information on Disney’s commitment to conserve nature and a complete list of grant recipients, visit www.disney.com/conservation.

About Georgia Audubon: Georgia Audubon is building places where birds and people thrive. We create bird-friendly communities through conservation, education, and community engagement.

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CPNO Officer and Committee Report for September

Zoning- Emily Taff

Zoning Committee met Wednesday, September 8 at 6:30. Besides committee members, about 8 Candler Park residents and guest speakers from the Atlanta Dept of City Planning, Josh Humphries and Will Tucker, were in attendance. The only item on the agenda was an opportunity for a Q&A session with Atlanta Dept of City Planning staff, Josh Humphries, regarding Z-21-73 and Z-21-74. Mr. Humphries presented the ordinances, goals, and recent updates to the amendments for the MR-MU code and proposed rezoning areas. The proposed rezoning within ½ mile walk shed of MARTA has been updated to keep block faces in the same zoning. Updates to the proposed MR-MU code amendments include the addition of a front yard setback (25 feet), requirement for front porches where front porches exist on block, addition of a minimum lot size (5,000 sf.) and lot coverage maximum of 75%. Committee members and residents in attendance were able to ask questions, comment, and clarify points of the legislation.

External Affairs-Amy Stout

There were four voting items on the agenda for the August 2021 NPU-N meeting that were relevant for Candler Park, and there was one presentation of interest.

Under Board of Zoning Adjustment applications, a variance to reduce the front yard and north side yard setbacks for 466 Page Avenue NE (to construct additions to an existing single-family residence) was approved on the condition that it be built according to the site plan date stamped by the City on July 23, consistent with the prior vote of approval by the CPNO membership and the CPNO zoning committee.

Under Text Amendments – Comprehensive Development Plan, the Little Five Points Mobility Plan was added to the fast track and approved without discussion by a unanimous vote, consistent with the prior vote of approval by the CPNO membership and the L5P Business Association.

Under Special Events Applications, the L5P Halloween Festival Part 1 and Part 2 were added to the fast track and approved without discussion by a unanimous vote. The organizers announced there will NOT be a parade this year. Events will be spread out over two weekends, with a scavenger hunt for monsters and music at outdoor venues on Oct 16-17 and an artist market Oct 30-31.

Under Matters for Review and Comment, Josh Humphries (the Director of Housing and Community Development for the City of Atlanta) gave a presentation on the proposed ordinances that would proactively rezone all properties within 0.5 miles of a MARTA station to MR-MU (Multifamily Residential Multi-Unit), remove all residential parking requirements, and allow attached ADUs (accessory dwelling units) inside existing single family residences zoned R-4. He noted that revised versions of these ordinances would be issued in September with NPU votes planned in October.

September 20 CPNO Members meeting (Virtual) – Draft Minutes

The meeting was called to order at 7:05 pm by Jerry Tillery, President. The motion to adopt the agenda as displayed passed. The motion to approve the August minutes passed.

Guest Speakers:

1. Lt. Floyd, Atlanta Police Department-Zone 6) answered residents' questions.
2. Oak Pointe Apartments (Braden-Fellman)-Abel Leonardo, Property Manager, answered resident questions/concerns regarding recent crime events.

Announcements:

1. Mary Shaltis invited anyone interested in exploring Historic District designation to join the Working Group (msahlts@yahoo.com or gte097g@gmail.com).
2. Kerry Dobson, Public Safety Officer, will be placing a "Crime Report" in the Messenger each month.
3. Ken Edelstein presented a gift to Susan Rose recognizing her excellent work as Editor of the Messenger.
4. Ken Edelstein, CPC Representative, spoke about the Candler Park Bathroom Resolution.
5. Christina Hodgen, Chair of Infrastructure Committee
 - Dekalb Avenue repair starts Sept.22 with a ground breaking ceremony
 - Requesting a CPNO letter of support for 25mph Speed Limit on McLendon Avenue. Vote is next month
 - Members of the Infrastructure Committee are Walter Brown, Naoya Wada, Jonny Newburgh, Hallie Meushaw, and John Maximuk.
6. Matt Hanson, Fundraising Officer, announced the second annual Halloween House Decorating Contest. Entry fee is \$15/house by Oct. 22.

Old Business:

The Nominating Committee has candidates for all Board positions except Fund Raising and Treasurer. The Full Slate will be announced next month.

Treasurer Report-Karin Mack, Treasurer

There was \$330 in donations in July. The accountant was paid for filing our IRS 990 form.

FallFest: The footprint will be smaller and modifications made to make it safe. It will be inside the park; asking attendees to wear masks and be vaccinated.

Zoning: Emily Taff, Zoning Officer

1. Short Term Rentals-- Z-21-85 Ordinance explained
2. Will Tucker, City of Atlanta Housing and Community Development, explained MRMU ordinance changes. CPNO Membership will vote next month.

Submitted by Bonnie Palter, Secretary

September 20, 2021



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